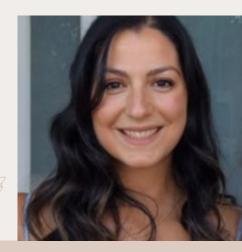
STUDENT MIDWIFE – Continuity of care Experience

🔀 marianne.aplidjotis@myacu.edu.com

0401966177

South East Melbourne



Hello, and congratulations on your pregnancy. I am a midwifery student at ACU
Melbourne, and I am looking to support expectant mothers throughout their
antenatal and postnatal journey, with optional labour and birth support. <u>This is a</u>
<u>totally free service</u>, and is structured to enhance your experience, and my learning! If
you are less than 35 weeks pregnant, please read on and reach out!

WHAT IS INVOLVED?

Student midwives are required to:

- Attend **four** of your antenatal appointments
- Provide optional support and attendance at your labour and birth – this can be decided at any time up until birth
- Attend two of your postnatal appointments

A LITTLE ABOUT ME

I felt called to midwifery after having my own children – two hospital births and one home birth. All different experiences and extremely positive. I am so passionate about antenatal education and truly believe the prep work must be done while pregnant which will manifest into a positive labour, birth and postpartum experience, regardless of how or where you birth.

WHAT ARE THE BENEFITS?

- Student midwives provide evidence based support in between appointments as needed (text, email, phone).
- Continuity of care this translates to a trusting relationship within your birth team & stronger advocacy for you.
- Invaluable real life experience for students

HOW TO GET STARTED?

- Email, text or call and we can discuss any questions or concerns before you decide whether or not to go ahead.
- A **consent form** will be sent to you to complete prior to your first appointment

IMPORTANT: You can withdraw your participation at any time if the COC experience is no longer working for you.